**Grace Miller – Hypertension**  
**Overview:**  
Grace Miller, a 50-year-old administrative assistant, has been managing hypertension for 10 years. She lives at 456 Pine Road, Northview, IL, 60001. Contact number: (555) 789-1234.

**Medical History:**

* **Past Medical History:** Diagnosed with hypertension 10 years ago. Also has a history of migraines.
* **Surgical History:** None.
* **Family Medical History:** Mother had hypertension; father had stroke.
* **Allergies:** Allergic to certain beta-blockers.
* **Medications:** Uses ACE inhibitors and diuretics.
* **Lifestyle:** Follows a low-sodium diet, exercises regularly, and is a non-smoker.

**Previous Doctors:**  
Dr. Alan Scott, her cardiologist, manages her hypertension and adjusts her medication. Dr. Emily Brown, her primary care physician, oversees overall health and monitors for complications.

**Symptoms:**  
Grace experiences occasional headaches and dizziness. Symptoms are managed with medication and lifestyle changes.

**Diagnosis:**  
Hypertension was diagnosed through consistent high blood pressure readings over multiple visits.

**Treatment:**  
Treatment involves antihypertensive medications, lifestyle modifications, and regular monitoring to maintain blood pressure within target range.